



Entries Men - <https://www.cyclingtimetrials.org.uk/race-details/18459>

Entries Women/Juniors - <https://www.cyclingtimetrials.org.uk/race-details/18460>

Entries Tandem - <https://www.cyclingtimetrials.org.uk/race-details/18461>



## Gender Equality in Prize Awards - £100 to winner



CTT Scotland District  
10tt Championship Bowl  
(presented by CTT Scotland)

M1	£100	CTT Gold medal	F1
M2	£80	CTT Silver medal	F2
M3	£50	CTT Bronze medal	F3
M4	£40		F4
M5	£30		F5
MV40	£20	GNCC winners medal	FV40
MV50	£20	GNCC winners medal	FV50
MV60	£20	GNCC winners medal	FV60
MV70	£20	GNCC winners medal	FV70
MV80	£20	GNCC winners medal	FV80
MU16	£20	GNCC winners medal	FU16
MU18	£20	GNCC winners medal	FU18
MU23	£20	GNCC winners medal	FU23
Tandem Male	£30	GNCC winners medal	Tandem Female
Tandem Mixed	£30	GNCC winners medal	



The Isobel Campbell MBE  
Memorial Trophy  
(presented by GNCC)

Previous Winners: CTT Scotland District Champions 10mile TT					
	♂			♀	
2016	Chris Smart	20:14		Lynsey Curran	23:34
2017	Jon Entwistle	20:27		Lynsey Curran	23:34
2018	Jamie Davidson	19:30		Lynsey Curran	22:55
2019	?	?		?	?

**Event HQ: Bishopton Community Hall, Gledstane Rd, Bishopton, PA7 5AU**

Event Sign On from 7:00 am

Event Organiser: Graeme Cockburn

## The Isobel Campbell MBE Memorial Trophy



**Isobel Campbell**, who died in January 2017, at the age of **103**, was President of the Glasgow Nightingale Cycling Club and a remarkable woman by any standards. Her membership of the Club lasted 74 years. Her racing career lasted for around 59 years, she held Club, Scottish and British records and her contribution to cycling earned her an MBE.

In the first 92 years of the Club's existence GNCC only had two presidents', our founder-president, Malcolm Smith, who died in 1983 at the age of 97 and Isobel, who died in January at the age of 103. If nothing else, it shows that cycling is good for you.

She moved to Glasgow, from Bo'ness, with her parents before the Second World War and began cycling. She had her first wins, at 10 and 25 miles, in 1939. Whether she was a member of another club or unattached we don't know. However, in 1943 she joined the Glasgow Nightingale and was a member for the rest of her life.

At the end of the war normal racing resumed, as did Isobel's winning ways, with a string of National and Club records. **She set Scottish competition records at 10, 25, 50 and 100 miles and broke the British Women's 12-hour record twice**, in 1946 and 1948. In 1949, Isobel (nee Adams) married fellow Club member, Bill Campbell.

In 1973 she won the inaugural **British Women's Veterans Championship** and again in 1982. She was Club B.A.R. Champion in 1977, 1980 and 1983, leaving the male members of the Club in her wake. She didn't give up easily, riding her last competitive event at the age of 88.

On another level, she was awarded the **Scottish Cycling Union's Gold Medal** in 1983 and was honoured with an **MBE in 1998 for services to cycling**. Also, in 1983 Isobel became President of the Club following the death of Founder-President Malcolm Smith.

She lived quietly in her later years spending much of the winter at her daughter's home in Mallorca but, until latterly, was able to attend Club functions. We were privileged to have her present the trophies at the Club's 80th Anniversary Dinner in 2005.

## Notes for Competitors

1. Sign on will be open from **7:00 am**
2. Please bring along a license/membership card to leave as deposit for your number- i.e. BC/TLI/CTC or similar.
3. Please read the enclosed **anti-doping notice**.
4. Under 18s must complete a **parental consent form** (attached at the end of this document) and hand it in at sign on. No form = No ride.
5. The distance from Race HQ is approximately **2.5miles**, heading West – please allow plenty of time to reach the start area before your allocated time.
6. Course Marshals have **no legal authority** to stop traffic on the course, and as such will only provide course directional information.
7. Limited shower facilities are available at Race HQ, beyond the kitchen area - although these may be seconded for any anti-doping controls.
8. All presentation awards will be at end of race. **In a change to standard policy the Men will compete first then Juniors then Women.** This will hopefully have the conclusion of all events closer together so one prize ceremony can be achieved.

## **\*\* SPECIAL NOTICE FOR ALL COMPETITORS \*\***

- Safety is paramount to the Organiser, Promoting Club and Governing Body hence why we have moved the start to 8am; highly recommend a powerful rear light is used and no dark coloured clothing be worn.
- Riders **MUST** ensure their bicycle is mechanically fit-for-purpose (steering; brakes; drive-train; contact points etc).
- Riders **MUST NOT** change lanes at any point on the course except where manoeuvring into the outside lane for the Newark Castle turn roundabout. Any crossing of the central white line will be an automatic disqualification.
- Riders **MUST** adhere to the rules and regulations of the Highway, marshals and Police will be monitoring riding standards.
- Any rider that is reported for breach of any of the above **WILL** incur sanctions - this may include disqualification.

## This event may be subject to a Doping Control

**It is your responsibility to check**

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

**Remember, it is up to you to check and ensure that you comply**

If required you must report to Doping Control after finishing without delay



## Course Details: Westferry WW10/01

1. Start under railway bridge on Greenock Rd heading West... approx. 2.5miles from RaceHQ
2. ... Immediate **LEFT** on slip-road to A8 at Westferry roundabout...
3. .... Proceed **westbound** on A8...
4. .... **Straight through first roundabout** at Langbank....
5. .... Take **2<sup>nd</sup> exit at second roundabout** at Woodhall...
6. .... Continue on A8 to **TURN at Newark Roundabout**... PLEASE OBSERVE EXTREME CAUTION.
7. .... **Retrace** to finish at **slip-road** to Westferry roundabout.

- Race HQ -> Start holding area



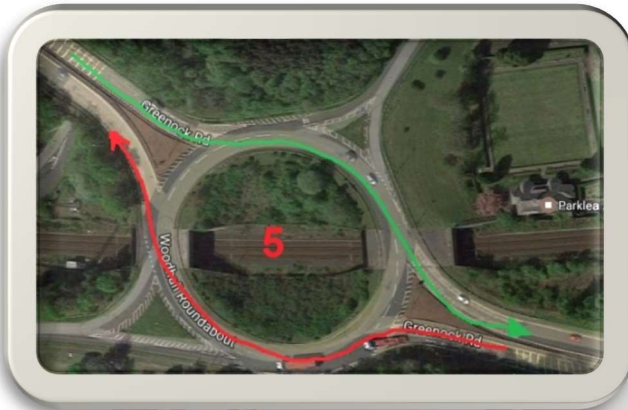
- Route Map with reference points 1-7 as above



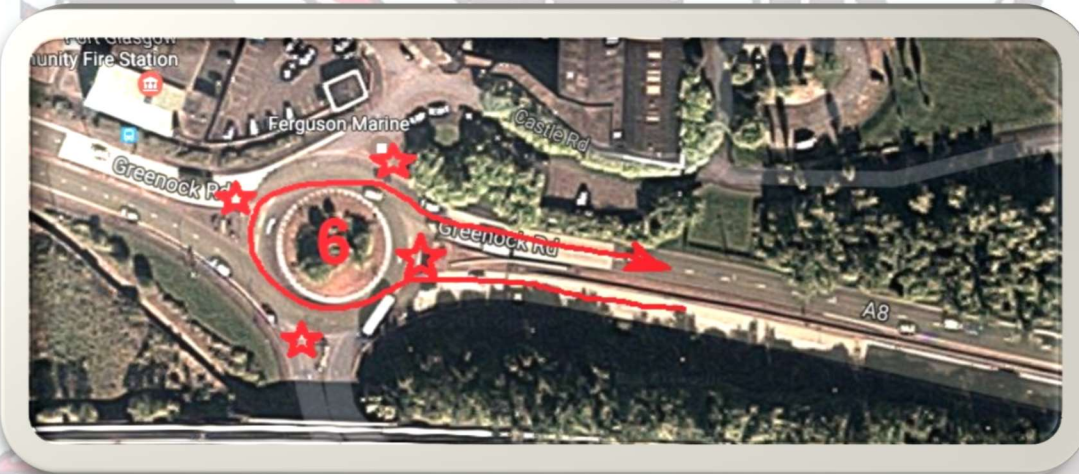
- Start and Finish points with Langbank roundabout (points 1,2,3,4,7)



- Woodhall roundabout – exit 2<sup>nd</sup> left out and return legs (point 5)



- TURN roundabout – PLEASE EXERCISE EXTREME CAUTION with approaching traffic (point 6)



- Finish Slip-Road Approach (point 7)



# Glasgow Nightingale Cycling Club

founded 1925



Race Number	Rider Name		Club/Team	Category	Start Time	Actual Time
1	Daniel	O'Neill	Regent Connor CC	MV50	08:01:00	
2	Nik	Charlton	Glasgow Wheelers	MS	08:02:00	
3	John	Gormlie	Coatbridge Clarion CC	MV50	08:03:00	
4	David	Fulton	Carrick CC	MV50	08:04:00	
5	John	Mccrory	Glasgow United CC	MV40	08:05:00	
6	Lewis	Hutchison	Edinburgh Road Club	MS	08:06:00	
7	John	Leonard	Velopreda	MV50	08:07:00	
8	Martin	Smith	St Christopher's CC	MV40	08:08:00	
9	William	Macdonald	Ecosse Performance Cycling Coaching	MV50	08:09:00	
10	Ross	Clark	Dooleys RT	MS	08:10:00	
11	Gordon	Johnston	Team Terminator	FV80	08:11:00	
12	Jamie	Mcqueen	VC Glasgow South	MS	08:12:00	
13	Alex	Mcphee	Dooleys RT	MV50	08:13:00	
14	Iain	Drummond	West Lothian Clarion	MV40	08:14:00	
15	Ian	Archibald	Johnstone Wheelers	MV50	08:15:00	
16	Stephen	Makin	Falkirk B C	MV40	08:16:00	
17	Darren	Carruthers	Glasgow Green Cycle Club	MS	08:17:00	
18	Brian	Nicol	Velo Club Vitesse	MV50	08:18:00	
19	Craig	Duncan	Team Andrew Allan Architecture	MS	08:19:00	
20	Gavin	Shirley	Dooleys RT	MS	08:20:00	
21	James	Lawley	Barrow Central Wheelers	MV70	08:21:00	
22	Steven	Horne	Airdrie cycle club	MV60	08:22:00	
23	Martin	Shields	Fullarton Wheelers	MV50	08:23:00	
24	James	Muir	Glasgow Nightingale CC	MV50	08:24:00	
25	Dean	Cunningham	Transition Race Team	MS	08:25:00	
26	Allan	Ross	Fruin Road Club	MV50	08:26:00	
27	Sandy	Taylor	Glasgow Green Cycle Club	MS	08:27:00	
28	Joe	Hands	GTR - Return To Life	MS	08:28:00	
29	Alan	Holms	Inverclyde Velo	MV50	08:29:00	
30	Graham	Smith	Law Wheelers	MV40	08:30:00	
31	Ian	Loughran	Velopreda	MV60	08:31:00	
32	Lindsay	Foster	Ayrodynamic triathlon Club	MV50	08:32:00	
33	Chris	Oneill	Glasgow Nightingale CC	MS	08:33:00	
34	James	Snodgrass	Johnstone Wheelers	MV50	08:34:00	
35	Michael	Curran	Ayr Roads CC	MV40	08:35:00	

President: Denis Mitchell  
Chair: Jim Robinson  
Secretary: Martin Knox

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Affiliated: BC, SC, CTT

# Glasgow Nightingale Cycling Club

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36	Warren	Crombie	Musselburgh RCC	MV40	08:36:00	
37	Derek	Skinner	Fullarton Wheelers	MV40	08:37:00	
38	David	Macivor	West Lothian Clarion	MS	08:38:00	
39	Gordon	Graham	Fullarton Wheelers	MV50	08:39:00	
40	William	Bonar	GTR - Return To Life	MS	08:40:00	
41	Tom	Clark	Johnstone Wheelers	MV70	08:41:00	
42	John	Gallagher	Royal Albert CC	MV50	08:42:00	
43	Andrew	Smith	VC Glasgow South	MV50	08:43:00	
44	Stephen	Spellacy	Dumfries CC	MV40	08:44:00	
45	Sean	Quinn	Law Wheelers	MV40	08:45:00	
46	Kevin	Lackie	RT 23	MV50	08:46:00	
47	Frank	Anderson	SVTTA	MV60	08:47:00	
48	David	Mccormack	Paisley Velo	MS	08:48:00	
49						
50	Carlos	Riise	Shetland Wheelers	MV50	08:50:00	
51	Darren	Ridout	Walkers Cycling Club	MS	08:51:00	
52	Wayne	Auton	Royal Navy & Royal Marines CA	MS	08:52:00	
53	George	Donnelly	Johnstone Wheelers	MV40	08:53:00	
54	Sandy	Wallace	Fife Century Road Club	MV70	08:54:00	
55	Graham	Jones	Edinburgh Road Club	MV50	08:55:00	
56	Brendan	Mccabe	Aberdeen Wheelers	MV50	08:56:00	
57	David	Blockley	RT 23	MV50	08:57:00	
58	Joe	Shaw	Falkirk B C	MV40	08:58:00	
59	Ian	Elliot	Hawick Cycling Club	MV60	08:59:00	
60	Alan	Dean	Edinburgh Road Club	MS	09:00:00	
61	Steve	Donaldson	Fullarton Wheelers	MV50	09:01:00	
62	Ian	Barton	VC Glasgow South	MV50	09:02:00	
63	Alan	Mcaulay	St Christopher's CC	MV40	09:03:00	
64	Michael	Allen	Fullarton Wheelers	MV50	09:04:00	
65	Ian	Dobbie	West Lothian Clarion	MV50	09:05:00	
66	Brian	Mcghee	Road Club Cumbernauld & Kilsyth	MV40	09:06:00	
67	Timothy	Clark	Pedal Power RT	MV40	09:07:00	
68	David	Deady	Glasgow Green Cycle Club	MV40	09:08:00	
69	Christopher	Staples	Fullarton Wheelers	MV50	09:09:00	
70	Iain	Macleod	Aberdeen Wheelers	MS	09:10:00	
71	John	Mchutchison	Law Wheelers	MV40	09:11:00	
72	Harry	Tweed	Glasgow Wheelers	MV50	09:12:00	
73	Scott	Mcintosh	Johnstone Wheelers	MV40	09:13:00	
74	Steven	Smith	Royal Albert CC	MV40	09:14:00	
75	Calum	Macdonald	Ayr Roads CC	MV40	09:15:00	
76	Jim	Barr	VC Glasgow South	MV50	09:16:00	
77	Alan	Macintyre	Coatbridge Clarion CC	MV40	09:17:00	
78	Stephen	Stewart	Loudoun Road Club	MV40	09:18:00	
79	Ian	Anderson	Fullarton Wheelers	MV50	09:19:00	

President: Denis Mitchell  
 Chair: Jim Robinson  
 Secretary: Martin Knox

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80	Jason	Roberts	Bioracer-Moriarty Bikes	MV40	09:20:00	
81	Grant	Johnstone	Falkirk B C	MV50	09:21:00	
82	Alasdair	Macmillan	Musselburgh RCC	MV40	09:22:00	
83	Edd	Shackley	Glasgow Ivy CC	MV50	09:23:00	
84	Jim	Petrie	Dundee Wheelers CC	MV60	09:24:00	
85	David	Baird	Loudoun Road Club	MV50	09:25:00	
86	Euan	Munro	Edinburgh Road Club	MS	09:26:00	
87	Simon	Porter	Fullarton Wheelers	MV40	09:27:00	
88	Stuart	Whitelaw	Fruin Road Club	MV40	09:28:00	
89	Hans	Forhaug	Glasgow United CC	MV40	09:29:00	
90	Paul	McLafferty	Glasgow Ivy CC	MS	09:30:00	
91	George	Skinner	Royal Albert CC	MV70	09:31:00	
92	John	Mckie	Ayr Roads CC	MV60	09:32:00	
93	Gordon	Mcneil	Dumfries CC	MV50	09:33:00	
94	Stevie	Watters	Fullarton Wheelers	MV50	09:34:00	
95	Iain	Duguid	SVTTA	MV50	09:35:00	
96	David	Pritchard	Kennoway Road Club	MV60	09:36:00	
97	Jordan	Carlton	GTR - Return To Life	MS	09:37:00	
98	Gary	Bratt	Fruin Road Club	MV40	09:38:00	
99	Jamie	Kennedy	GTR - Return To Life	MV40	09:39:00	
100	James	Cusick	Dooleys RT	MV50	09:40:00	
101	Neil	Griffiths	Glasgow Wheelers	MS	09:41:00	
102	Brian	Morrell	Dumfries CC	MV50	09:42:00	
103	Ross	Milvenan	Ayr Roads CC	MV40	09:43:00	
104	John	Johnstone	Icarus Racing	MV70	09:44:00	
105	Colin	Stevenson	Hawick Cycling Club	MS	09:45:00	
106					09:46:00	
107	Vincent	Pickering	St Christopher's CC	MV40	09:47:00	
108	Richard	Dowling	Perth United CC	MV40	09:48:00	
109	Neil	Pendrich	SVTTA	MV40	09:49:00	
110					09:50:00	
111	Ewen	Macgillivray	RT 23	MS	09:51:00	
112					09:52:00	
113	David	Griffiths	Bioracer-Moriarty Bikes	MS	09:53:00	
114					09:54:00	
115	Alan	Thomson	RT 23	MS	09:55:00	
116					09:56:00	
117	Liam	Beaty	Hawick Cycling Club	MS	09:57:00	
118					09:58:00	
119	Douglas	Watson	GTR - Return To Life	MV40	09:59:00	
120					10:00:00	
121	Euan	Walker	Velopreda	MS	10:01:00	
122					10:02:00	
123	Kyle	Gordon	RT 23	MS	10:03:00	

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# Glasgow Nightingale Cycling Club

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124					10:04:00	
125	Jamie	Davidson	Bioracer-Moriarty Bikes	MS	10:05:00	
126					10:06:00	
127					10:07:00	
128					10:08:00	
129					10:09:00	
130	Liam	Scott Douglas	Glasgow Wheelers	MU23	10:10:00	
131	Cameron	Oliver	RT 23	MU23	10:11:00	
132	Martin	Lindsay	Carrick CC	MU23	10:12:00	
133	Luthais	Arthur	Glasgow University Cycling Club	MU23	10:13:00	
134	Innes	Johnston	Glasgow Cycle Team	MU23	10:14:00	
135	Calum	Doyle	VC Glasgow South	MU23	10:15:00	
136	Gavin	Laffoley	Fife Century Road Club	MU23	10:16:00	
137					10:17:00	
138	Alexander	Macrae	Ciclotel Travel fueled by YPB	MU23	10:18:00	
139					10:19:00	
140	Cameron	Richardson	Bioracer-Moriarty Bikes	MU23	10:20:00	
141					10:21:00	
142	Ross	Thomson	Dunfermline CC	MU23	10:22:00	
143					10:23:00	
144	Murray	Doyle	Bute Wheelers	MV50	10:24:00	
145					10:25:00	
146	Lorna	Sloan	Fullarton Wheelers (Tandem Mixed)	TX	10:26:00	
147	Stephen	Clayton	RT 23 (Tandem Mixed)	TX		
148	Nigel	Holl	Stirling Bike Club (Tandem Male)	TM	10:28:00	
149	Kenny	Girvan	Ayrodynamic triathlon Club (Tandem Male)	TM		
150					10:30:00	
151					10:31:00	
152	Imani	Pereira James	East Kilbride Road Club	FU16	10:32:00	
153	Corey	Whiteford	Lanark Race Team	MU16	10:33:00	
154	Michael	Goodfellow	East Kilbride Road Club	MU16	10:34:00	
155	Cameron	Stromberg	Deeside Thistle CC	MU16	10:35:00	
156	Joseph	Mcintosh	Johnstone Wheelers	MU16	10:36:00	
157	Fraser	Gault	Aberdeen Wheelers	MU16	10:37:00	
158					10:38:00	
159					10:39:00	
160	Zoe	Watters	Team 22	FU18	10:40:00	
161	Kate	Richardson	Fusion Triathlon Club	FU18	10:41:00	
162	Anna	Shackley	Team 22	FU18	10:42:00	
163	Luke	Nelson	Glasgow Riderz	MU18	10:43:00	
164	Matthew	Mccullagh	Edinburgh Road Club	MU18	10:44:00	
165					10:45:00	
166					10:46:00	
167					10:47:00	

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# Glasgow Nightingale Cycling Club

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168	Jennifer	Nicol	Velo Club Vitesse	FV60	10:48:00	
169	Alexandra	Michnowicz	Glasgow Green Cycle Club	FS	10:49:00	
170	Karen	Mckinlay	Edinburgh Road Club	FV50	10:50:00	
171	Anna	Anderson	Glasgow Nightingale CC	FS	10:51:00	
172	Fleur	Stoops	Glasgow Green Cycle Club	FV40	10:52:00	
173	Jenni	Nicholson	RT 23	FV60	10:53:00	
174	Elinor	Spencer	Edinburgh Road Club	FS	10:54:00	
175	Carole	Dick	Stirling Bike Club	FV40	10:55:00	
176	Janette	Hazlett	Glasgow Ivy CC	FV50	10:56:00	
177	Catherine	Logan	Fullarton Wheelers	FV60	10:57:00	
178	Julie	Fitzpatrick	Glasgow Nightingale CC	FV40	10:58:00	
179	Elizabeth	Wisdish	Glasgow Wheelers	FV40	10:59:00	
180	Elizabeth	Clayton	RT 23	FV50	11:00:00	
181	Deirdre	O'reilly	Lanark Race Team	FV40	11:01:00	
182	Patricia	Baird	Inverclyde Velo	FV50	11:02:00	
183	Valerie	Martin	Dooleys RT	FV50	11:03:00	
184	Esther	Hamill	Dumfries CC	FV40	11:04:00	
185	Lucie	Hrnickova	Edinburgh Road Club	FS	11:05:00	
186	Gill	Mcneil	Dumfries CC	FV50	11:06:00	
187	Pamela	Craig	RT 23	FS	11:07:00	
188	Aileen	Fisher	Ayr Roads CC	FV50	11:08:00	
189	Joanna	Patterson	Fusion Triathlon Club	FS	11:09:00	
190					11:10:00	
191	Laura	Nicolson	Dooleys RT	FS	11:11:00	
192					11:12:00	
193	Catriona	Macgillivray	RT 23	FS	11:13:00	
194					11:14:00	
195	Victoria	Smith	AeroCoach	FS	11:15:00	
196					11:16:00	
197	Lynsey	Curran	Dooleys RT	FS	11:17:00	

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**PARENTAL CONSENT**  
**(Internet Entry)**  
**TO BE SIGNED BY PARENT OR GUARDIAN**  
**OF ENTRANTS UNDER THE AGE OF 18**

I (Name and Address)

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Being the Parent (or Guardian) of

Who was born on:

**Name of Event**

**Date of Event**

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HEREBY AGREE to his/her participation in the above named event promoted for and on behalf of Cycling Time Trials under their Rules and Regulations and DECLARE as follows:-

I confirm that I have read and understand the rider declaration. I understand and agree that my said son/daughter participates in the event promoted under the Rules and Regulations of Cycling Time Trials, entirely at his/her risk and without liability whatever on the part of Cycling Time Trials, its Chairman, National Committee Members, District Committee Members, Officers and Officials of member clubs, Event Secretary (promoter), Timekeepers, Marshals, Course Measurers, Caterers or helpers in the conduct of the event in respect of any injury loss or damage suffered by him/her however caused.

I understand that the function of the marshals in such the event is to do no more than indicate the precise spot at which the rider should turn or the direction he or she should take and that the responsibility for safely negotiating a turn or any other change of direction must rest with the rider alone.

I understand further that all competitors in or in the vicinity of the event must observe the law of the land relating to road travel and when racing must ride entirely alone and unassisted. I am satisfied that my son/daughter is sufficiently responsible and experienced to assume full and entire responsibility for his/her own safety whilst engaged in a competition of this kind held wholly or in part on public or private property or on the public highway.

**I agree to my son/daughter participating in the Drug Testing Programme whenever required to do so.**

**SIGNED:**

**DATE:**

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Photocopied signatures are not acceptable.

Cycling Time Trials is a Company Limited by Guarantee  
Registered England No. 4413282

January 2012